

## Lunch served 12-2.30pm Dinner served 6-8.30pm Kcal

	Small Plates	Kcal	Price
(pb)	Marinated olives, hummus, grilled pitta	430	£7.00
(gf)	Lime, chilli and garlic infused squid, lime mayonnaise, fresh pickles	686	£9.00
(pb)	Bruschetta, tomato salsa, rocket pesto, vegan Parmesan, balsamic glaze	278	£8.00
(v)	Panko breaded brie, sweet chilli mayonnaise, fresh tomato salsa	483	£9.00
(gfa)	Suffolk smokies: Flaked local smoked haddock, cheese sauce, bread and butter, mixed leaves	445	£9.50
	Soup of the day: See our specials board	VAR	£8.00
	Sandwiches (served lunchtimes only)		
	All served with dressed salad, on white or granary bread		
(v)	Mature cheddar cheese, Suffolk chutney	506	£9.00
	Baby prawns in Marie-Rose sauce, baby gem lettuce	538	£9.50
(pb)	Hummus, roasted red pepper, grilled courgette	518	£8.00
	Panko breadcrumbed fish fingers, pickled gherkins, tartare sauce, baby gem lettuce	843	£11.00
	Thick sliced Suffolk ham, pickles, wholegrain mustard mayonnaise	489	£9.00
	Side Orders		
(pb)	Proper pub chips with garlic aioli (add cheese sauce £1.50)	786	£5.50
	Sweet potato fries	392	£7.00
(pb)	Garden salad, house dressing	99	£4.00
(pb)	Seasonal greens	388	£4.00

	Main Courses	Kcal	Price
	Adnams beer battered fish and chips, garden peas, tartare sauce, lemon wedge *50p from every fish and chips purchased is donated to support the charitable works of the Adnams Community Trust	1389	£18.50
	Scampi and chips, garden peas, tartare sauce, lemon wedge	1248	£18.50
	Steak mince and bone marrow beef burger, brioche bun, tomato, gem lettuce, gherkin mayonnaise, chunky chips, Asian slaw (upgrade to sweet potato fries: add £2)	1175	£18.00
(gfa)	Suffolk ham, Low Farm eggs, thick cut chips, spiced grilled pineapple	1088	£17.00
(gf)	The Bell's classic fish pie topped with cheesy mash, seasonal greens	668	£20.00
(pb)	Falafel burger, vegan brioche bun, tomato salsa, pickled vegetables, gem lettuce, sweet potato fries, Asian slaw	1068	£18.00
(pb)	Warm beetroot and chilli roasted pumpkin couscous salad, broad beans, toasted pinenuts, mustard dressing	568	£14.50
(pb)	Creamy rocket pesto and sun blushed tomato linguine, vegan Parmesan, olive oil garlic bread	646	£17.50
	Catch of the day: See our specials board – supplied by our local fishmonger	VAR	VAR
	Sausages and mash, onion gravy, seasonal vegetables, crispy onions	993	£17.00
	Puddings		
	Classic crème brulee, homemade shortbread	410	£8.50
(pb)	Vegan apple and cinnamon crumble with vegan custard or vegan ice cream	595	£8.50
	Sticky toffee pudding, butterscotch sauce, with crème Anglaise or ice cream	603	£8.50
	Locally sourced cheeses of the day: See our specials board	VAR	£9.50
	Selection of Suffolk Meadow ice creams or sorbets (per scoop)	170	£2.50

## \*\* Frequently changing specials on the board in the bar \*\*

Our menus are locally sourced, responsibly produced and sustainably delivered

(pb) = Plant Based / Vegan (v) = Vegetarian (gf) = Gluten Free (gfa) = Gluten Free Available

For allergy information, please speak to a member of our team.

\*For more information on the Adnams Community Trust please scan the QR code

