

	Small Plates	Kcal	Price
(v, gf)	Garlic and rosemary infused halloumi cheese bites, puffed wild rice, lime, spring onion, sweet chilli mayonnaise dip	570	£9.50
(pb)	Marinated olives, homemade hummus, grilled pitta	430	£7.00
	Beetroot and horseradish cured salmon, celeriac remoulade, capers, mixed leaves, bread	355	£12.00
(pb)	Warm mediterranean vegetable and vegan feta tart, pesto, mixed leaves	376	£9.00
(gfa)	Suffolk smokies: Flaked local smoked haddock, cheese sauce, bread and butter, mixed leaves	445	£9.50
	Soup of the day: See our specials board	VAR	£8.00

## Sandwiches (served lunchtimes only)

	All sandwiches are served with salad – choose from white or granary bread		
(v)	Mature cheddar and Suffolk chutney	506	£9.00
	Tuna, mayonnaise and cucumber	538	£9.50
	Ham and wholegrain mustard mayonnaise	512	£9.00
	Coronation chicken, sultana, baby gem	439	£9.50
	Prawn and Marie-Rose sauce	756	£10.00

## Side Orders

(pb)	Proper pub chips with sweet chilli mayonnaise	786	£5.50
(pb)	Garden salad with house dressing	99	£4.00
(pb)	Seasonal greens	388	£4.00



	Main Courses	Kcal	Price
	Adnams beer battered fish and chips, garden peas, tartare sauce, lemon wedge *50p from every fish and chips purchased is donated to support the charitable works of the Adnams Community Trust	1389	£18.50
	Scampi and chips, garden peas, tartare sauce, lemon wedge	1248	£17.00
	Southern fried chicken burger, lettuce, tomato, gherkin, paprika and garlic aioli, crispy onions, chips and coleslaw	1301	£18.00
(gfa)	Suffolk ham, egg and thick cut chips, Suffolk chutney	1088	£16.50
(gf)	The Bell's classic fish pie, topped with cheesy mash and served with seasonal greens	668	£20.00
	Trio of local sausages, mashed potato, onion gravy, spring cabbage	1339	£18.00
(gf)	Classic Caesar salad with anchovies, boiled egg and gluten free croutons (add chicken £4.00 add bacon £2.00)	530	£12.00
(pb)	Warm squash salad, hummus, falafel, grilled pitta, pomegranate molasses dressing Add fried halloumi cheese (v) £4.00 (289 kcal)	642	£12.50
(pb)	Gnocchi, passata sauce, homemade basil pesto, vegan feta cheese	640	£17.00
	Catch of the day: See our specials board	VAR	VAR

## Puddings

	Eton mess with summer berries and Chantilly cream	580	£8.50
	Warm chocolate brownie, berry compote, wild cherry and kirsch ice cream	882	£8.50
(pb)	Vanilla rice pudding, poached rhubarb, toasted almonds, plant-based coconut ice cream	320	£8.50
	Cheese of the day, quince jelly, crackers	VAR	£9.50
	Selection of Suffolk Meadow ice creams or sorbets (per scoop)	170	£2.50
	Our manus are locally sourced, responsibly produced and systemably delivered		

Our menus are locally sourced, responsibly produced and sustainably delivered (pb) = Plant Based / Vegan (v) = Vegetarian (gf) = Gluten Free (gfa) = Gluten Free Available For allergy information, please speak to a member of our team.

\*For more information on the Adnams Community Trust please scan the QR code

