

Breakfast beverages	Kca
Chilled apple juice	47
Chilled orange juice	46
Cafetière of ground coffee, English breakfast or Earl Grey tea, selection of herbal or fruit teas	35
Why Not Start with	
Toast, jams & preserves	253
Granary or white toast with a choice:	53
Honey	25
Marmite	5
Marmalade	20
Fruit preserves	272
Alpen	162
Corn Flakes	113
Bran Flakes	107
Rice Krispies	114
Cooked breakfast	
Traditional full English breakfast – smoked Suffolk back bacon, pork sausage, grilled tomatoes, mushrooms, hash brown, baked beans, and eggs (poached, fried, scrambled)	1434
Scrambled or poached egg on buttered granary or white toast	276-301
Scrambled egg with smoked salmon on buttered granary or white toast	446
Pancakes: choice of maple syrup & bacon OR vegan coconut yogurt & mixed berry compote	496
Granola with vegan coconut yogurt & mixed berry compote	354
Bacon sandwich	276
Sausage sandwich	

Our menus are locally sourced, responsibly produced and sustainably delivered

Vegan (v) Vegetarian (vg) Gluten Free (gf)
For dietary requirements or allergy information, please speak to a member of our team.

Adults need around 2000 Kcals a day.

